





Department of Paediatrics Faculty of Medicine The Chinese University of Hong Kong

PAEDIATRIC SLEEP DISORDER SYMPOSIUM

Date: Saturday, 1 June 2019

Venue: Shaw Auditorium, Postgraduate Education Centre

Prince of Wales Hospital, Shatin, Hong Kong SAR

SYMPOSIUM TOPICS

- 1. How to prepare an infant for a good night sleep?
- 2. When is adenotonsillectomy indicated in a child with sleep apnoea?
- 3. Sleep medicine in paediatric palliative care.
- 4. Help, my teenage boy won't sleep at night!

INTERACTIVE WORKSHOPS

- 1. Infant sleep: impact of sleep on future development / crosscultural differences.
- 2. OSA: myofunction therapy does it work and the mechanism behind it / AHI cut-off to decide treatment should be changed / complications associated with childhood OSA.
- 3. Adolescents' sleep: delayed sleep phase / consequences of sleep deprivation / evidence of delaying school start time.

COURSE DIRECTORS

Prof Albert Martin Li (Hong Kong SAR China) Assoc Prof Daniel Goh (Singapore) Prof Jodi A. Mindell (USA)

ACCREDITATION

CME/CNE points obtainable

COURSE FEE

Early Bird Registration (Until 30th April 2019): HK\$300 Normal Registration (From 1st May 2019): HK\$400 HK\$500 On-site Registration:

KEYNOTE SPEAKERS



Assoc Prof Daniel Goh Paediatric Cluster Chair National University Hospital National University Health System National University of Singapore, Singapore



Prof Jodi A. Mindell Professor of Psychology, Saint Joseph's University Associate Director, Sleep Center, Children's Hospital of Philadelphia, USA



Dr Arthur Teng Senior Staff Specialist Paediatrician Head of the Department of Sleep Medicine Sydney Children's Hospital, Australia



Prof Zhifei Xu Consultant and Associate Professor of Pediatrics, Respiratory Department & Sleep Center, Beijing Childrenis Hospital, Capital Medical University, China



Dr Alex Bartle Director, Sleep Well Clinic New Zealand



Prof Yu-Shu Huang Professor, Department of Child and Adolescent Psychiatry Chang Gung Memorial Hospital, Taipei Chairman, Academic Committee of Taiwan Society of Sleep Medicine President, Asian Narcolepsy and Hypersomnolence Society President, Taiwan Hypersomnia Association



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For more information and registration please visit http://appsasleep.org